



Girlguiding UK

Blackland Farm

girls in the lead

Conditions for use of the Swimming Pool

Normal operating conditions

1. The pool measures 8m by 16m and is 1.5m deep. Emergency exits are through the doors at either side of the building next to the changing rooms.
2. A pole with lifesaving loop is provided at the poolside.
3. All groups must comply with Girlguiding UK's rules regarding lifeguards. A copy of these rules is available in the office.
4. The access and exit doors of the pool must be kept closed except when being used for entry and exit. This is to prevent access by unaccompanied children and groups that should not be using the pool.
5. The maximum number of swimmers in the pool at one time is 40, with a maximum of 20 per lifeguard.
6. Groups are responsible for providing their own first aid and lifeguards.
7. A family group may swim without a qualified lifeguard, providing that every under-18-year-old is accompanied by their parent or guardian.
8. During office hours telephones are available in the office near the pool.

In case of emergency

1. In the event of an emergency the pool must be cleared. The signal for this will be three blasts on a whistle.
2. In the event of a fire, the pool area must be evacuated through the emergency exits at either side of the building near the changing rooms.
3. If the water is not clear enough to see an object about A4 size at the deep end of the pool, swimming must not take place and the office must be notified.

Qualifications

1. For free swimming the leader in the pool must have:
 - RLSS UK Pool Lifeguard foundation module for free swimming. OR
 - NARS (National Aquatic Rescue Standard) Pool Lifeguard qualification.
2. For structured swimming, lessons or Aqua Aerobics the leader in the pool must have:
 - NARS Swimming Teachers and Poolside Helpers qualification OR
 - RLSS UK Rescue Test for Teachers and coaches of swimming.

Group

Leader's name

Organisation

I acknowledge receipt of the Swimming Pool key and that I have read and understood the conditions of use of the Swimming Pool.

Signed Date.....