



# Blackland Farm Low Ropes

Welcome to Blackland Farm Low Ropes. Before you start please put on a helmet. The idea is for you, as a group, to get from one end of the course to the other without touching the ground. It will be much easier if you work as a group and help each other.

**1. Incline Log.** A simple balance, walk up the log from ground level to the next platform

**2. Multi Vine.** Travel along the wire, use the vertically hanging 'vines' to keep your balance

**3. Rope Swing.** Use the ropes to swing to the next platform

**4. High to Low.** The rope starts high and finishes low, watch out it gets harder the further you go. This one is easier with friends to help!

**5. Kriss Kross.** Use the diagonal ropes to keep you on the wire. This one is easier with friends to help!

**6. Wobbly Log.** Cross the log without falling off

**7. Stepping Stones.** Step your way to the next platform

**8. Cargo Net.** Climb across the net to the other platform

**9. Postmans Walk.** Hold the 'vine' attached to the trolley and walk to the centre, swing the vine back for the next person who will join you at the centre. You can then walk to the platform and swing the vine back to the centre. Repeat for each person

**10 Balance Beams.** Make your way across the zig zag beams

**11 Burma Bridge.** One wire but two ropes. This one is easier with friends to help!

**12. Split Logs.** Balance your way across

**13. Loose Ropes.** A loose horizontal rope. This one is easier with friends to help!

**14. Incline Log.** A simple balance and you have made it to the end

